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2009

# Missouri Clinical & Quality Conference

May 28th – 30th, 2009

Big Cedar Lodge

*Near Branson, Missouri*

Come learn the "Big Easy" way on the shores of beautiful Table Rock Lake!



Up to 14 Hours of Medical & Dental CE Credit Available!

The Oral Health Network of Missouri is an ADA CERP Recognized Provider

**ADACERP**  
CONTINUING EDUCATION RECOGNITION PROGRAM

# Conference at a Glance

## Thursday, May 28th

7:30 – 9:00	Breakfast - Grandview D
9:00- 12:00	OHNM Clinical Committee Meeting – Lakeview B
9:00 – 12:00	Medical Directors Meeting – Lakeview A
12:00 – 1:00	Lunch – Grandview D
1:00 – 5:00	Dental Breakout - "Clues to Your Patients' Health; The 50 Most Prescribed Medications", Dr. Hal Crossley – Grandview B

### *Sponsored by Septodont*

1:00 – 2:45	Medical Breakout – "Nicotine Dependency" Darrell Williams – Grandview C
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### *Sponsored by the Missouri Department of Health and Senior Services Tobacco Program*

2:45 – 3:00	Break – Grandview D
3:00 – 5:00	Medical Breakout– "Prescribing Psychiatric Medications with Care", Dr. Michelle Twitty – Grandview C

### *Sponsored by the Missouri Department of Mental Health*

## Friday, May 29, 2009

7:00 – 8:15	Breakfast – Lakeview A - C
8:30	Welcome & Opening Remarks – Joe Pierle, CEO, MPCA & OHNM – Grandview C
8:45 – 10:30	Medical & Dental Plenary - "Federal Tort Claims Act & Risk Management for Community Health Centers" Melinda Malecki – Grandview C
10:30 – 10:45	Break – Lakeview A - C
10:45 – 12:00	"Federal Tort Claims Act & Risk Management for Community Health Centers" (continued)
12:00 – 1:00	Lunch – Lakeview A - C
1:00 – 4:30	Medical/Dental Breakouts

Medical – "Routine HIV Testing in Primary Medical Settings"  
Dr. David Reznik – Grandview D

### *Sponsored by the Missouri Department of Health and Senior Services HIV Program and Midwest AIDS Training and Education Center*

Dental – "The Material Science of Minimally Invasive Dentistry"  
Dr. Brian Nový – Grandview C

### *Sponsored by GC America*

2:30 – 2:45	Break – Lakeview A - C
5:00 – 6:30	Mardi Gras Dinner (by ticket only) – Woman Room & Patio

## Saturday, May 30, 2009

7:00 – 8:00	Breakfast – Lakeview A - C
8:00 – 12:00	Medical /Dental Plenary "OTC & Prescription Drug Abuse" Betsy Reynolds – Grandview D
10:30 – 11:00	Break – Lakeview A - C
12:00	Adjourn

# Presentations & Speakers

## *Nicotine Dependency*

### *Educational Method: Lecture & Power Point*

#### **DARRELL E. WILLIAMS**



Nicotine dependency along with its personal and societal impacts continues to be one of the most compelling public health issues facing our system of care. In the course of this presentation, participants will be provided information on the physiological and psychological effects of nicotine, as well as its chemical makeup. Mr. Williams will discuss definitions of nicotine dependency and describe how health care providers can assess dependency. He will also review treatment plan models, and summarize pharmacological interventions that can be employed to help patients overcome nicotine dependency.

At the End of this presentation, participants should demonstrate an understanding of:

- How to develop accurate assessments of nicotine dependency
- How to create a plan for the treatment of nicotine dependency, with or without chemical intervention
- Pharmacological interventions for the treatment of nicotine dependency

Darrell E. Williams is a graduate of Missouri State University, earning his bachelor's degree in psychology in 2001 and his master's degree in Clinical Psychology in 2003. He is currently a Licensed Professional Counselor, a Nationally Certified Counselor, and certified as a Tobacco Treatment Specialist through the Mayo Clinic College of Medicine. Darrell is a Qualified Substance Abuse Professional through SATOP in Missouri, provides DWI screenings, and teaches Offender Education Classes. In addition to his current involvement with the Missouri Recovery Network as a State Advisory Council Member, Darrell is a past member of the Missouri Division of Alcohol and Drug Abuse Regional Advisory Council and a past member of the Missouri Division of Alcohol and Drug Abuse State Advisory Council. He has also served as the Prevention Specialist for the Community Mental Health Center of Southwest Missouri. In addition to his private practice, Darrell currently works at the Center for Addictions at Cox Health in Springfield, Missouri where he provides substance abuse consults to a 69 bed psychiatric unit and a 700 bed hospital, serves as director of the Nicotine Dependency program as well as coordinator of research and community education. Darrell contracts with Missouri State University providing education classes and chemical dependency assessments. It was through his involvement with MSU students that Darrell developed a program called, SIMPLE, Screening and Intervention for the Management of Practical Life Experiences.

## *Clues to Your Patients' Health; The 50 Most Prescribed Medications*

### *Educational Method: Lecture & Power Point*

#### **DR. HAROLD CROSSLEY**



Are there any medications used in my dental office that could adversely interact with drugs the patient is taking? Which medications are most abused by adolescents? This discussion includes the indications, contraindications, and side effects of the fifty most commonly prescribed medications. These medications

represent 30% of all prescription medications taken by your dental patients. Familiarity with these drugs will provide the dental practitioner with a better appreciation for the health profile of today's dental patient.

At the end of this presentation, participants should demonstrate an understanding of:

- Medications that could adversely interact with drugs used in dentistry
- Why patients take particular medications
- Oral side effects that may be caused by specific drugs
- The most popular therapeutic categories
- Prescription medications most abused by adolescents

Harold L. Crossley, D.D.S., Ph.D is Professor Emeritus at the University of Maryland Dental School. Dr. Crossley received a Bachelor of Science degree in Pharmacy from the University of Rhode Island in 1964. He was later awarded the Master of Science (1970) and Doctorate degrees (1972) in Pharmacology. He earned his Doctor of Dental Surgery degree in 1980 from the University of Maryland Dental School. While in private practice, Dr. Crossley mentored in the Dental School Intramural Faculty Practice, a liaison resulting in a practical approach to understanding the pharmacology of drugs used in the dental office. Dr. Crossley has co-authored a number of articles and four books dealing with the field of pharmacology. He serves on the Maryland State Dental Association's Well-Being Committee and is actively involved in both the American College of Dentists and the International College of Dentists. Dr. Crossley was the recipient of the 2008 Gordon Christensen Lecturer Recognition award. He has been a consultant for the United States Drug Enforcement Administration and other law enforcement agencies since 1974 and is internationally recognized as an expert on street drugs, chemical dependency and clinical pharmacology of dental drugs.

### ***Prescribing Psychiatric Medications with Care***

#### ***Educational Method: Lecture and Power Point***

#### **DR. MICHELLE TWITTY**

This session will review use of psychiatric medications including antipsychotics, antidepressants, and mood stabilizers with a focus on awareness and management of adverse effects and clinically relevant drug interactions. Transition of medications and unique concerns in working with medically sensitive populations such as the elderly, women and children will be highlighted.



At the end of this presentation, participants should demonstrate an understanding of:

- Drug-disease cautions, and preferable alternatives for treatment of psychiatric conditions in patients with chronic medical conditions and/or medically sensitive patients such as youth or older age patients.
- The clinical relevance of drug interactions between antidepressants and medications for physical conditions.
- Adverse effects of mood stabilizers and methods for prevention of adverse responses.
- Metabolic monitoring parameters for second generation antipsychotics
- Antipsychotics most likely to cause metabolic adverse effects.

- Key principles to consider when changing psychiatric medications.

Dr. Michelle Twitty is a board certified psychiatric pharmacist. She graduated from UMKC in 1994 with a bachelor's degree in pharmacy. Dr. Twitty earned a doctor of pharmacy degree at the Medical University of South Carolina in 1996, followed by a residency in psychiatric pharmacy at Western MO Mental Health Center in Kansas City. She also completed a fellowship focused on schizophrenia research. Dr. Twitty practiced in Southwest Missouri for six years, serving as a schizophrenia study coordinator, teaching psychopharmacology classes in graduate programs, and volunteering with the National Alliance on Mental Illness. She has been practicing at the Harry S. Truman VA hospital in Columbia, Missouri since 2004. Dr. Twitty is on faculty at the University Of Missouri Schools of Medicine and Pharmacy, teaching medical, nursing, and pharmacy students as well as residents. Her practice currently includes inpatient and outpatient behavioral health monitoring and consulting, outpatient medication management, and patient education.

### ***Federal Tort Claims Act & Risk Management for Community Health Centers***

#### ***Educational Method: Lecture***

#### **MELINDA MALECKI**



This presentation will provide current information on the medical malpractice protection offered to health centers under the Federally Supported Health Centers Assistance Act. The most recent policy changes will be explained and future program changes discussed. Data will be provided on claims history with emphasis on areas of concern to HRSA/BPHC. Considerable emphasis will be placed on the new policy on credentialing and privileging of providers. Topics will include:

- Potential GAPS- GAP Insurance
- "The Box"
- Types of Losses
- References
- Touhy Rule
- Emergency Medical Programs
- Scope of Services
- Claims Process
- Moonlighting
- PINS
- FTCA Helpline

At the end of this presentation, participants should demonstrate an understanding of:

- How the Federal Tort Claims Act (FTCA) applies to health centers
- Federal Tort Claims Act policies and procedures
- The FTCA malpractice claims process
- The FTCA policy on credentialing and privileging of providers

Melinda Malecki is a corporate attorney with 14 years of corporate and regulatory experience. She received a B.A. degree in Communication Arts from Loyola University in 1979 and a J.D. from the John Marshall Law School in 1992. Ms. Malecki provides legal counsel and risk management services to various healthcare organizations including community health centers, continuing care facilities, psychiatric hospitals, and private practitioners. She is a frequent presenter on topics such as risk management, peer review, and the Federal Tort Claims Act. Ms. Malecki has been published in the Journal of the Illinois Bar Association and featured in Business Insurance. She is a past president of the Health Care Risk Management Society of Metropolitan Chicago as well as the founder of the nonprofit organization, "Clients First".

## *The Material Science of Minimally Invasive Dentistry*

**Educational Method: Lecture and Power Point**

### **DR. BRIAN NOVÝ**

Many clinicians are under the false assumption that "Minimally Invasive" means "Wait and Watch." In actuality, minimally invasive dentistry is all about intercepting the disease process medically and surgically. This course provides an introduction and overview of dental caries disease processes, and how best to treat lesions from a medical and surgical model.



At the end of this presentation participants should demonstrate understanding of:

- Factors involved in the development of high caries risk
- How to intervene medically in the caries process
- When, where, and how to use glass ionomer or composite
- How to eliminate the foci of rampant caries infection using esthetic restorative materials

Dr. Brian Nový is an assistant professor of restorative dentistry at Loma Linda University, where he teaches caries management and restorative dentistry. Dr. Nový maintains a private practice in Valencia, California that is focused on minimally invasive and maximum intervention treatment. He also acts as clinical director for three non-profit dental clinics in southern California, and is the Vice President of the Foundation for Worldwide Health (an international non-profit organization dedicated to improving healthcare and healthcare education in the developing third world). Dr. Nový lectures internationally on dental materials as well as advances in caries diagnosis and emerging treatment modalities.

## *Routine HIV Testing in Primary Medical Settings*

**Educational Method: Lecture and Power Point**

### **DR. DAVID REZNIK**

The Centers for Disease Control and Prevention (CDC) estimates that 1.1 million adults and adolescents 13 years of age & older were living with diagnosed or undiagnosed HIV infection in the United States at the end of 2007. Even with the advances in rapid HIV diagnostics and medical treatments available to manage this disease, 36% progress to an AIDS diagnosis within one year of testing HIV positive. Because so many individuals are being identified late in the course of their disease, CDC recommends offering routine HIV screening for all individuals regardless of risk between the ages of 13 – 64. This presentation will delve further into the rationale behind the CDC's recommendation as well as steps medical providers can take to implement routine HIV screening in their practice setting.



At the end of this presentation, participants will demonstrate an understanding of:

- The CDC's 2006 revised recommendations for HIV testing of adults and adolescents
- The science of presently available rapid HIV tests and future directions science will take this technology

- The identification and development of strategies to overcome internal barriers to the initiation of routine, opt-out, HIV screening for all patients ages 13 – 64
- The importance of linkage to care case management in insuring access to and retention within primary medical care for those who test positive for HIV

Dr. David Reznik, a graduate of Emory College and Emory University's School of Dentistry, is presently Chief of the Dental Service for the Grady Health System in Atlanta, Georgia. He serves as Director of the Oral Health Center of Grady's Infectious Disease Program, which Dr. Reznik founded 15 years ago. In addition, Dr. Reznik serves as Dental Director for the Southeast AIDS Training and Education Center. He has lectured and published extensively on oral health concerns for people living with HIV disease. Dr. Reznik has been providing oral health care services for people living with HIV disease in the Atlanta metropolitan area for over twenty years.

## *Drug Store Addiction: The Abuse of Prescription and Over-the-Counter Medications*

**Educational Method: Lecture and Power Point**

### **BETSY REYNOLDS**

Who's the new drug dealer for today's abuser and addict? The answer in many cases is the pharmaceutical industry. While 'street drugs' such as heroin, cocaine and marijuana continue to be problematic, abuse of legal prescription and over-the-counter ('OTC') medications is becoming more commonplace among people of all ages. From anti-anxiety medications to sleep aids to cough remedies, today's drug culture is experimenting with drugs in dangerous combinations. An overview of commonly abused prescription and OTC medications will be explored. Breaking news items of regional interest will be included to ensure current relevancy. Presented in a relaxed forum encouraging audience participation, this course is designed to provide participants with a comprehensive overview of this alarming trend.



Following this presentation, participants will demonstrate an understanding of:

- Oral and systemic manifestations of prescription and OTC medications
- The differences between stimulant and depressant abuse
- Appropriate referral options for abusers
- Integration of oral healthcare strategies for the current or recovering abuser

Betsy Reynolds, RDH, MS

Armed with degrees in dental hygiene and oral biology, Betsy presents scientifically-based continuing education programs nationally and internationally. Betsy has also lent her expertise to articles and books on topics ranging from microbiology and anatomy of the oral cavity to the relationship between oral health and systemic disease processes. As someone who is passionate about lowering mortality rates in women due to cardiovascular disease, Betsy is committed to presenting programs including current research involving links associated with oral inflammation and heightened risk of heart attack and stroke.

# Registration Form

**Copy form as needed.**

Please use one form per person

OR

Register online at [www.mo-pca.org](http://www.mo-pca.org)

**HOTEL INFORMATION**

Big Cedar Lodge  
612 Devil's Pool Road  
Ridgedale, Missouri 65739  
[www.big-cedar.com](http://www.big-cedar.com)  
Toll Free Reservations  
1-800-225-6343

Reference the Missouri Primary Care Association when making reservations.  
Hotel Reservation Deadline is  
April 29, 2009

**REFUND POLICY**

Cancellation on/before May 14, 2009  
full refund of registration fees, less a \$25 processing fee.  
Cancellation on/after May 15, 2009  
no refund.

**REGISTRATION FEE PER EACH REGISTRANT**

\$300 - Missouri FQHC Employees,  
Missouri State Government Employees,  
Missouri State and Local Health Department Employees,  
Missouri Community Mental Health Center Employees,  
UMKC School of Dentistry Employees  
\$400 – All others  
\$400 – On-site registration for all  
\$200 – Single day for employees of organizations listed above  
\$250 – Single day for all others

QUESTIONS may be directed to  
Kim Arnold at 573-636-4222 or  
[karnold@mo-pca.org](mailto:karnold@mo-pca.org)

Name & Professional Designation (as it will appear on name badge)

Employer/Health Center

Employer Address Employer City, State, Zip

Address to send C.E. Letter (if different from employer address) Address City, State, Zip

Work Phone Fax

E-mail (required for confirmation of registration which may be required during conference check-in)

Emergency Contact Name & Phone Number

Dietary Restrictions

**PAYMENT**

Single Day \$ \_\_\_\_\_ OR Full Conference \$ \_\_\_\_\_

**Friday Night Mardi Gras Dinner & Party**

Tickets available for advance purchase only. Mardi Gras tickets will not be available at the conference.

Mardi Gras Tickets - Adults & Children 12 & older ( \_\_\_ X \$25) \$ \_\_\_\_\_

Mardi Gras Tickets - Children under 12 ( \_\_\_ X \$15) \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

Credit Card (check one)  Visa  Master Card  American Express  Discover

Card Number

Expiration Date

Security Code\*\*

Name on Card

Address City, State, Zip

Check Payment Fee Enclosed \$ \_\_\_\_\_

Make checks payable to: Oral Health Network of Missouri, 3325 Emerald Lane, Jefferson City, MO 65109

Please write checks for the amount of registration fees and Mardi Gras fees only – do not include any other payments in the check amount. Checks can be submitted for several registrants, but please put the names of the registrants in the Memo area of the check. Payment for online registrations must be made by credit card only - checks will not be accepted for online registrations.

Registrants will receive an E-mail confirmation of registration & payment. Registrants should bring a hard copy of the registration confirmation with them to the conference. If registrants cannot produce this confirmation, they will be allowed to pay the on-site registration fee of \$400 with a credit card.

\*\*The security code (or V-Code) is a three digit number on the back of your card. American Express cards use a four digit number on the front of the card.



Missouri Primary Care Association  
3325 Emerald Lane  
Jefferson City, MO 65109

*2009 Conference Details & Registration Inside!*

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